



August 24, 2015

Nutrition and Breastfeeding Education Plans

A Nutrition Education Plan and a Breastfeeding Education Plan need to be completed and submitted to the State Office by September 1, 2015. The plans can be completed and submitted online through the WIC website under Local Agency Staff, then Clinic Admin Resources or completed on the forms provided at the beginning of June.

Plans shall be:

- Completed with local agency WIC Director, Breastfeeding Coordinator, and/or Clinic Coordinator guidance in conjunction with staff input.
- Meet the needs of local staff and participants.
- Completed to include selection of at least one focus area and may include activities already being done and are considered ongoing. This year, we ask that you use your local agency data (breastfeeding, BMI and smoking cessation) when completing your activity plan for FFY 2016. ***At least one activity must be aimed at improving one of the metric areas.***
- Submitted to the State Nutrition Coordinator annually by September 1, 2015. See contact information below. You may email or post mail your plans.

If you have any questions or concerns, please contact Lacy Little at lalittle@mt.gov or (406) 444-5923.

CEU Reminder

Just a reminder, CEU's are required to be completed by September 30, 2015 for all staff. Full time WIC employees (>20 hours a week) are required to have 12 CEU's and Part time WIC employees (<20 hours a week) are required to have 6 CEU's. Please submit documentation to the State WIC Office for CEU's to count. Refer to Policy 4.6 in the Montana WIC State Plan. For questions please contact Lacy Little via email, phone 444-5923 or fax 444-0239.

Outreach Plans for 2016

Just a reminder, all outreach plans need to be submitted to the State WIC Office by September 1, 2015, to be implemented with the new fiscal year starting October 1, 2015. Outreach plans are required of all local agencies. Refer to Policy 4.9 of the State Plan 2015 for more information. The form is available on the WIC website under local agency staff and clinic admin resources. Please submit the outreach plan via email, mail, or fax 406-444-0909 to Kelly Aughney.

New Training Modules

There is a new training module on the Montana WIC website under Local Agency Staff then Training. This module covers Basic Nutrition. At the end of the training is a Progress Check Point. Once the Progress Check Point is completed, please send it to the State WIC office, attention Lacy Little. Lacy will review the information and follow up with the employee. CEU's will be awarded for completion of the progress check point. More training modules are being developed and will be put online as they are completed.

Exit Handouts for Participants

There are new tri-fold exit handouts for participants (Exit Handout- Children and Exit Handout- Women) located on the Montana WIC website. They are under Local Agency Staff then Clinic Admin Resources. Please use these handouts for participants that will be leaving the program. These handouts are guides for your agency. Please fill in your own specific information. If you have any questions please contact Lacy Little 444-5923 or [email](#).

July Time Study

Please have your July Time Study completed if you have not done so already. Thank you to all who have, it is very much appreciated. If you have any questions or concerns, please contact Kelly at 444-0909 or via email at KAughney@mt.gov.

Missoula Breastfeeding Education Conference

The Missoula Breastfeeding Coalition is hosting a Breastfeeding Education Conference with speaker Kittie Frantz on October 26th in Missoula. Review the conference [agenda](#) and [register now](#).

CEU Opportunity

[Zero to Three's 2015 State Baby Facts](#) provide information about infants, toddlers, and families in each state in the framework of good health, strong families, and positive early learning. To earn 1 WIC CEU, please [view the 2012 National Baby Facts](#) and the presentation on [the State of America's Babies in 2015](#). Once reviewed, please complete the [Continuing Education Credit Approval](#) form and submit to Lacy Little via [email](#), fax 444-0239, or mail to the State WIC Office.

WICHealth.org

[WICHealth.org](#) added some new lessons online. Please review the new [client insert](#) to give to participants.

USDA prohibits discrimination in the administration of its programs

Help us keep the distribution list updated - send e-mail address changes, additions and deletions to the WIC State Office at 1-800-433-4298.

